



MAKAHLA MCGLONE

Class of 2027

Junior E

Region 2

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EDUCATION

North Creek High School

3613 191st Pl SE, Bothell, WA 98012

2023 - Present

I am a Sophomore at North Creek High School in Bothell, Washington.
GPA: 3.91

Skills

Current Skills:

Vault: Yurchenko full

Bars: Shaposh to Bail connection and Double tuck dismount

Beam: BHS Layout Step Out, Split 1/2 (standing sideways), Front Tuck, Sissone Switch 1/2, 1/1 wolf turn, and Round off 1.5 dismount

Floor: Wolf 1.5 turn, Round off BHS Double Tuck, Tour Jete 1/2 wolf full, Rudi, and Round 1.5 to Front Pike

Upgrades:

Vault: Yurchenko 1.5

Bars: Giant 1/1 and Double layout

Beam: BHS Layout Step out Layout Step out

Floor: Round off 1.5 front layout, Front Double Full, Front tuck stepout to double back connection, and Round off back handspring double pike

2020 - 2021 Level 8

EXPERTISE

2021 - 2023 Level 9

2023 - 2025 Level 10



GYMNASTICS HIGHLIGHTS

May 11th, 2025

Dev National Championship
Level 10
Beam Champion
Vault 5th place
All-Around 6th place

April 11th, 2025

Region 2 Championship
Level 10
Vault and All Around Champion
Bars and Floor Silver Medalist
Beam Bronze Medalist

March 21st, 2025

Washington State Championship
Level 10
Vault Champion
Beam and All Around Silver Medalist

May 11th, 2024

Dev National Championship
Level 10
7th place Vault Medalist

April 11th, 2024

Region 2 Championship
Level 10
Vault and Bars Silver Medalist
Beam, Floor, and All Around Champion

March 22nd, 2024

Washington State Championship
Level 10
All Around Bronze Medalist

May 5th, 2023

Western National Championships
Level 9
Vault Champion
Silver Beam and All Around Medalist
Bronze Floor Medalist

April 13th, 2023

Region 2 Championship
Level 9
Vault, Bars, Beam and All Around Champion
Bronze Floor Medalist

REFERENCES

Sarah Flores

Coach

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Jenna Hamala-Smith

Coach

Email : jennahamala@gmail.com

Sandy Flores

Gym Owner

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Emerald City Gymnastics Academy

2019 - Present

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