

CONTACT

- (425) 589-9331
- ✓ lucylyak@outlook.com
- 15986 NE 119th Ct, Redmond, Washington

Additional Information:

Height: 5'8

Instagram: lucylyakhovitski_2026

COACHES

Sarah Flores ---sarah03flores05@gmail.com
Jenna Hamala-Smith ---jennahamala@gmail.com
Sandy Flores ---ecgaowner@gmail.com

EXPERIENCE

2021-22 Level 9 2022-23 Level 9

2023-24 Level 10

2024-25 Level 10

PARENTS

Yulia Evgrafova ---yulia2evgr@gmail.com
Grigory Lyakhovitskiy ---grigoryl@gmail.com

LUCY LYAKHOVITSKI

CLASS OF 2026 REGION 2

SKILLS

Current Routines:

Vault - Yurchenko tuck 1/1

Bars - Maloney, Toe handstand - bail, Double Tuck Dismount

Beam - 1 ½ Wolf turn, Side aerial - roundoff, Split jump - Split ¾, Side aerial - scale, Switch leap - Gainer pike dismount

Floor - Rudi, Switch ring - Switch $\frac{1}{2}$, Roundoff - Whip $\frac{1}{2}$ - Front 1/1, Roundoff - 1 $\frac{1}{2}$ - Front pike, 2/1 Wolf turn

Upgrades and Other Skills:

Vault - Yurchenko tuck 11/2

Bars - Maloney - Bail, Piked Jaeger, Double layout dismount

Beam - Gainer 1/1 dismount, Side aerial - Back handspring, Side aerial - Back layout step-out, Switch ½, side aerial (landing on 2 feet)

Floor - Roundoff - Whip $\frac{1}{2}$ - Rudi, Roundoff - $\frac{1}{2}$ - Punch Front Full, Front Double Full, Roundoff - $\frac{2}{2}$

ACADEMICS & ACTIVITIES

- -3.96 GPA (unweighted)
- -1430 SAT (640 English, 790 Math)
- -Birthday Party Instructor

Redmond High School 17272 NE 104th St Redmond, WA 98052 (425) 936-1800

HIGHLIGHTS

2025 Developmental Nationals Qualifier (L10)

2nd AA, 3rd VT 2025 Regional Championships (L10)

2025 Regional Beam Champion (L10)

2024 Developmental Nationals Qualifier (L10)

2nd BB, 4th AA & UB 2024 Regional Championships (L10)

4th AA 2023 Westerns (L9)

2022 & 2023 Western Nationals Qualifier (L9)

1st AA & BB 2023 Regional Championships (L9)

2nd UB & BB, 3rd AA 2023 State Championships(L9)

GYM INFORMATION

Emerald City Gymnastics Academy (2016-present)

Phone number: (425) 861-8772

Gym Website: https://emeraldcitygymnasticsacademy.com/

Address: 17965 NE 65th St, Redmond, WA 98052